

Keeping Safe Online



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The Law: Possessing images



- **Having sexting photos or videos on your phone or computer**
- If you are under the age of 18, the law sees you as a child. Therefore, if you have any indecent images or videos of somebody who is under 18, including yourself, you would technically be in possession of an indecent image of a child. This is an offence under the Protection of Children Act 1978 and the Criminal Justice Act 1988.

The Law: Sending Images



– Sending photos or videos

If you are under 18 and you send, upload or forward indecent images or videos to friends or boyfriends/girlfriends, this would also be breaking the law, even if they are photos of yourself (“selfies”).

The Law - Receiving Images



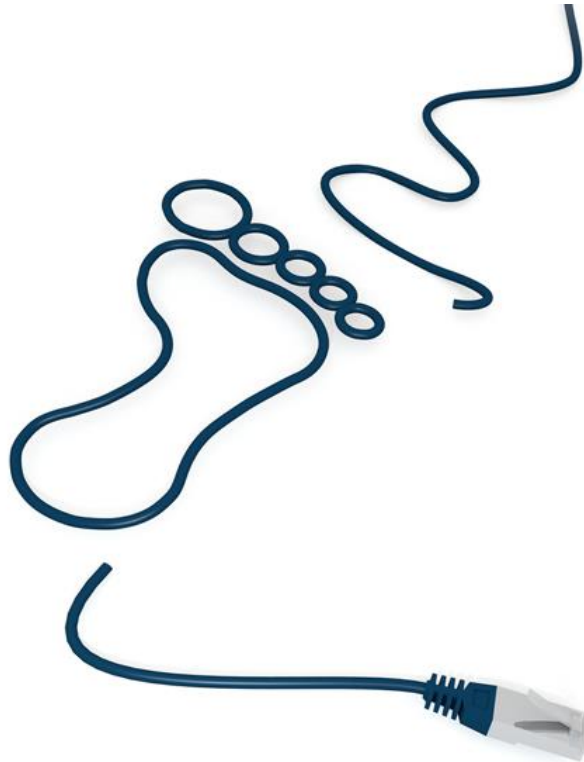
- If you are in possession of images of a sexual nature of someone under 18 (even if it is your friend or boy/girl friend), you are committing an offence.
- Offenders can be placed on the sex offenders register and can be given a prison sentence.
- This is also the case if you have kept or printed out an image sent to you by a friend

Consequences



- Although the Police may not prosecute a teenager for sending or possessing indecent images, this could go down on their record.
- This could then affect any future employment such as teaching etc.
- Also could affect travel – you can't go to America with a criminal record!

Think of the future!



<http://www.youtube.com/watch?v=zYI3IaJuH98>



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Points of discussion



ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.

- Taking a photo of your friend and posting it on Facebook
- Taking a photo of your friend and editing it to make it funny, then posting it online
- Taking sexual image of yourself
- Sexting an image of yourself to your best friend or boy/girlfriend
- Taking a sexual image of your boy/girlfriend
- Sexting an image of your boy/girlfriend to your best friend
- Allowing your boy/girlfriend to take an image of you without clothes on
- Taking your clothes off for a laugh whilst skypeing with your friends
- Taking your clothes off in front of a webcam because someone online has asked you to
- Printing out a sexual image that your friend sent to you to show an adult
- Sending a sexual image of yourself to someone you have met online
- Sending a sexual image of yourself using snapchat
- Posting a sexual image you have received from your friend onto a website like Facebook

Digital Footprint



- A **digital footprint** is a trail of data you create while using the Internet. It includes the websites you visit, emails you send, and information you submit to online services. It leaves a data trail online.
- Did you know 88 per cent of sexting images end up on public websites. (Internet Watch Foundation)

ADVICE

What to do



- **Don't reply** to messages that are meant to harass or upset you. This is likely to encourage the bully
- **Keep the message:** you don't have to read it, but keep it as proof. It is vital to have a record of the incident when you look for help or want to report it.
- **Do not email or print** out the image
- **Report problems** to people who can do something about it, parents, school, police.
- **Block the sender.** You don't have to put up with someone harassing you - block unwanted senders!
- **Tell someone you trust.** Talking to your parents, friends, a teacher, youth leader is usually the first step in dealing with any issue.
- Talk to **Childline**
- **Respect yourself and respect others** - being online is very public and very real, although it doesn't always feel that way.



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Be SMART

S SAFE Keep safe by being careful not to give out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.

M MEETING Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.

A ACCEPTING Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

R RELIABLE Information you find on the internet may not be true, or someone online may be lying about who they are.

T TELL Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.
You can report online abuse to the police at www.thinkuknow.co.uk



Children and young people How to stay safe online



If anything online makes you feel scared or uncomfortable tell your parent, carer, teacher or a member of staff straight away. Don't be afraid that you will get into trouble.

If you get a nasty message

or get sent anything that makes you feel uncomfortable, do not reply. Show it to a parent, carer, teacher or member of staff.



Only talk online to people you know - they may only be pretending to be who they say they are.

Keep any friends you have met online, online - never arrange to meet them.



Do not send nasty messages or bully other people online or by text- you will easily be traced and you could be reported and may lose your mobile phone connection or instant messaging/social networking site.

Do not let others know your online password - they may hijack your profile and publish bad things about you.



Think about what you say or publish online. Everything you write and every picture you post online will remain there forever even if you update or delete. Be sure you would be happy if your parent or teacher saw it!



Keep your personal details private. Your name, family details, school and clubs you attend are all examples of personal details - they could lead to dangerous adults tracing you.

Never click on an attachment unless it is from a trusted friend - it could be a virus.



When using instant messaging or social networking sites make sure that you set your privacy levels to 'Friends Only' and only allow people you know onto your page. Block or delete anyone you want to get off your site - they will never know.

Reject Bluetooth messages or pairing requests from unknown users and leave your Bluetooth in 'undiscoverable mode' so that you don't receive unwanted messages or photos.



Use the report button to report things that upset or concern you and tell a member of staff.



Visit www.thinkuknow.co.uk or www.childnet-int.org for more information on how to stay safe and have fun using ICT



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Be Safe Online

- **Think:** What are the most important rules for staying safe online?
- **Share:** Together, decide on your top tips
- Now write an acrostic using the phrase

Be Safe Online

- Each letter needs to begin a sentence giving important advice on internet safety.
 1. Write this up neatly on a footprint and decorate with images/illustrations relating to internet safety
 2. Design a cartoon character to go with your safety message. Draw it in the box on your footprint.

Additional ACTIVITIES

Activities



- Write a short message that could be shared with the SAFE Team at school when you return.
- Write a poem/rap/song giving advice on how to stay safe online
- Design a poster campaign to raise awareness.
- Design a slogan or catch-phrase to promote internet safety

Reporting



Make a report to one of CEOP's Child Protection Advisors

Should I make a report to CEOP? →

If you're worried about online abuse or the way someone has been communicating online, let CEOP know.



What happens when I make a report? →


One of our experienced Child Protection Advisors will be there to make sure you get the help that you need.



How can CEOP help me? →

Online abuse affects many children and young people every day, CEOP has helped thousands of people in need of support.



Make a report 

If you have been a victim of sexual online abuse or you're worried this is happening to someone you know, let us know safely and securely



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