

Unit R051 – Contemporary issues in sport.

Learning Outcome 2 – Know about the role of sport in promoting values.



EXAM QUESTIONS

NAME: _____

TARGET GRADE: _____

0113

7 (a) Describe why gamesmanship is sometimes used by performers in sport.

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.....
..... [2]

(b) Give **three** examples in which gamesmanship is used by sports performers.

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..... [3]

(c) Describe possible negative effects of gamesmanship in sport.

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..... [3]

8 Identify **four** testing methods used in detecting the use of performance-enhancing drugs in sport.

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..... [4]

9 In what ways does drug-taking impact upon the reputation of sport?

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..... [4]

6

10 Which one of the following is **not** a value that is promoted by the Olympics? (Circle your chosen option to indicate your answer.) [1]

- (a) It is the taking part that counts
- (b) It is important to gain success and world recognition
- (c) It is important to represent your nation
- (d) All nations compete on an equal basis

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- 7 Give two examples of etiquette in sport. Identify two reasons why etiquette is important for performers or spectators.

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..... [4]

- 9 Why should sports performers not use performance-enhancing drugs?

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..... [4]

- 10 What does the symbol of five interlocking rings on the Olympic flag represent?

.....
..... [1]

0114

3 In the Olympics, what represents the union of the five continents?

.....
..... [1]

5

4 Identify **three** values associated with the Olympic movement and give an example of each.

1 Value [1]
.....

Example [1]
.....

2 Value [1]
.....

Example [1]
.....

3 Value [1]
.....

Example [1]
.....

5 Identify and describe a sports initiative.

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.....
..... [2]

5 Identify and describe a sports initiative.

.....
.....
..... [2]

6 Give **two** examples of sporting behaviour by spectators at sports events.

1 [1]
.....

2 [1]
.....

7 Give **three** possible negative impacts of the use of performance-enhancing drugs in sport.

1 [1]
.....

2 [1]
.....

3 [1]
.....

8 Outline **two** ways that the World Anti-Doping Agency prevents the use of performance-enhancing drugs in sport.

1 [2]
.....

2 [2]
.....

9 Describe what is meant by the terms 'gamesmanship' and 'sportsmanship' in sport.

1 Gamesmanship
.....
..... [1]

2 Sportsmanship
.....
..... [1]

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0514

8 Identify and describe **three** values that can be learnt through regular participation in sport.

Value 1
..... [1]

Description
.....
..... [1]

Value 2
..... [1]

Description
.....
..... [1]

Value 3
..... [1]

Description
.....
..... [1]

Learning Outcome 2 – Know about the role of sport in promoting values.

- 9 The use of banned drugs to enhance performance is a problem in many sports.
- (a) Identify **one** elite sports performer who has been caught taking performance enhancing drugs.
..... [1]
- (b) Give **two** reasons why an elite performer might take performance enhancing drugs.
1. [1]
2. [1]
- (c) Identify and describe **two** methods for preventing the use of performance enhancing drugs in sport.
- Method 1 [1]
- Description [1]
- Method 2 [1]
- Description [1]

(d) Describe the impact of taking performance enhancing drugs on:

(i) a sports performer
.....
..... [1]

(ii) a sport
.....
..... [1]

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7

10 Sportsmanship and gamesmanship are two features of sport.

(a) Give an example of a sports performer showing sportsmanship.
.....
..... [1]

(b) Give an example of a sports performer showing gamesmanship.
.....
..... [1]

0115

7 Schools and colleges often use sport to promote team spirit and teamwork.

Give **three** ways that team spirit and teamwork can be promoted through participation in sport.

- 1
- 2
- 3 [3]

8 *“The most important thing is not to win but to take part, just as the most important thing in life is not the triumph but the struggle. The essential thing is not to have conquered, but to have fought well.”*

Olympic creed – Pierre De Coubertin (founder of the Modern Olympics)

Which of the following **best** matches the Olympic creed?

(Circle your chosen option to indicate your answer).

- (a) Breaking a world record
- (b) Winning a gold medal
- (c) Finishing a race after falling badly
- (d) Finishing 1st in a relay race

[1]

9 Give **three** reasons why sports performers should demonstrate good sporting behaviour.

- 1
-
- 2
-
- 3
- [3]

Learning Outcome 2 – Know about the role of sport in promoting values.

10 Some elite sports performers have tried to gain an unfair advantage through the use of performance-enhancing drugs.

(a) Give **two** examples of drug offences and the sports performers who committed them.

- 1 Sports performer
- Drug offence
- 2 Sports performer
- Drug offence

[4]

(b) Explain the 'whereabouts' rule in relation to drug testing.

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[3]

0515

6 The 'Kick It Out' campaign is an anti racism initiative from the Football Association (F.A.) aimed at football players and spectators.

(a) Name **one** value which is promoted through this F.A. initiative.

.....

.....

[1]

(b) Identify **one** other sports initiative and a value it promotes.

Initiative

.....

Value

[1]

[1]

7 Using an example for each, describe **two** values associated with the Paralympic movement.

Value

Example

.....

Value

Example

.....

[2]

[2]

Learning Outcome 2 – Know about the role of sport in promoting values.

8 Blood testing is used in sport to identify drug offences during and after competitions.

(a) Give an example of an illegal drug that might improve performance in sport.

..... [1]

(b) Describe **two** methods of detecting the use of performance enhancing drugs in sport other than blood testing.

.....
.....
.....
..... [2]

(c) Give **two** examples of how the reputation of sport has been damaged by drug use.

Example 1

.....

Example 2

..... [2]

9 Using **two** different examples, explain the importance of etiquette and positive sporting behaviour by professional sportsmen and women.

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.....
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.....
.....
..... [4]

0116

5 Which one of the following is **not** an example of gamesmanship?

(Circle your chosen option to indicate your answer).

- (a) Asking the official to punish an opponent
- (b) Shaking hands at the end of a match
- (c) Wasting time late in a game
- (d) Pretending to be injured

[1]

6 Draw a line to link the Olympic values with the correct examples given below.

Olympic value	Example of value
Excellence	Overcoming injury to take part in an event
Respect	Making others excited about sport through a performance
Courage	Congratulating an opponent after a race
Inspiration	Achieving a personal best in an event

[4]

7 (a) Give three reasons why professional footballers should adopt good sporting behaviour.

- 1
- 2
- 3

[3]

(b) Give three examples of spectator etiquette when watching sport.

- 1
- 2
- 3

[3]

- 8 The Football Association's 'Respect' campaign is a current sporting initiative to improve behaviour towards officials by football players.

Describe how improving behaviour towards officials may help to promote participation in sport.

.....
.....
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.....
.....
..... [3]

- 9 Many elite sports performers say that they would like to see more drug testing in their sports.

Give **four** reasons why they might want this to happen.

1
2
3
4 [4]

- 10 Which **one** of the following statements **best** describes the 'whereabouts rule' for drug testing in athletics?

(Circle your chosen option to indicate your answer).

- (a) Athletes must let the authorities know where they are for drug testing during a competition
- (b) Athletes must let the authorities know where they are for drug testing out of competition
- (c) Athletes must let the authorities know when they will be available for drug testing
- (d) Athletes must be contactable and available at all times for drug testing.

[1]

0516

5 Sport can promote values which are useful for everyday life.

Identify **three** values promoted through sport and explain how they are useful outside of sport.

Value

Explanation

.....

Value

Explanation

.....

Value

Explanation

.....

[6]

6 Identify a current sports initiative and describe its aims.

Initiative

Description

.....

[2]

7 Which one of the following is the best example of gamesmanship in football?

Circle your chosen option to indicate your answer.

(a) Arguing with the referee

(b) Time-wasting by kicking the ball out of play

(c) Pulling the shirt of an opponent

(d) Tripping an opponent in the penalty area

[1]

8 Give **three** testing methods to detect the use of performance enhancing drugs in sport.

1

2

3

.....

[3]

0117

7 Fill in the blanks to complete the Olympic Creed using the following words:

Struggle Take Part Triumph Win

“The most important thing is not to but to, just as the most important thing in life is not the but the The essential thing is not to have conquered, but to have fought well.”

Pierre De Coubertin

[4]

8 In South Africa, sports teams must make sure that all ethnic groups are fairly represented. Of which value is this an example?

Circle your chosen option to indicate your answer.

- (a) Citizenship
- (b) Fair play
- (c) Inclusion
- (d) Excellence

[1]

9 A teenager spends his spare time volunteering as a coach at his local swimming club. Of which value is this an example?

Circle your chosen option to indicate your answer.

- (a) Excellence
- (b) Citizenship
- (c) Team spirit
- (d) Tolerance and respect

[1]

10 Describe **three** ways that being caught taking performance enhancing drugs might affect an athlete’s sporting career.

1 **[1]**

2 **[1]**

3 **[1]**

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11 Some experts think it would be better if all sportspeople were allowed to use performance enhancing drugs.

(a) Suggest **one** argument for allowing all sportspeople to use performance enhancing drugs.

.....
..... [1]

(b) Suggest **three** reasons why governing bodies should **not** allow sportspeople to use performance enhancing drugs.

1
..... [1]

2
..... [1]

3
..... [1]

Learning Outcome 2 – Know about the role of sport in promoting values.

6 The international governing body for athletics has been criticised for not acting strongly enough to deal with the use of performance enhancing drugs by athletes.

(a) Give **two** reasons why some athletes use performance enhancing drugs.

1 [1]

2 [1]

(b) Suggest **one** impact on the sport of athletics of performers continuing to use performance enhancing drugs.

..... [1]

7 Suggest **three** different ways of testing for the use of banned performance enhancing drugs in athletics.

1 [1]

2 [1]

3 [1]

11 Apart from team spirit, identify **four** values that can be developed through participation in team sport.

1 [1]

2 [1]

3 [1]

4 [1]

12 Give **one** example of sportsmanship and **two** examples of gamesmanship in a tennis match.

Sportsmanship [1]

Gamesmanship

..... [2]

Learning Outcome 2 – Know about the role of sport in promoting values.

14 Identify an Olympic value associated with each of the examples below.

- 1 Overcoming an injury in the final of the 100m to finish second.
Value [1]
- 2 Joining in with the opening parade of nations at the opening ceremony.
Value [1]
- 3 Watching other athletes on your rest day and applauding their performance.
Value [1]
- 4 Winning the long jump and giving your training shoes away to a young member of the crowd.
Value [1]

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4 Sport can be used to promote positive values.

Write the correct value from those listed for each example given in the table below.

- Fair play
- Excellence
- Citizenship
- Inclusion
- Team spirit
- Tolerance/respect

Value	Example
	Striving to be the best you can be
	Accepting and welcoming players from different social backgrounds
	Working together as a team to get more enjoyment from playing sport
	Playing according to the rules
	Making sure all community groups have an opportunity to participate in sport
	Volunteering to coach, officiate or help run a local community sports club

[6]

- 5 Give **three** reasons why sporting etiquette is important as a performer.
- 1 [1]
- 2 [1]
- 3 [1]
- 6 (a) Name **two** performers who have been caught using performance enhancing drugs and the sports they perform in.
- 1 [1]
- [1]
- 2 [1]
- [1]
- (b) Give **three** reasons why sports governing bodies should **not** allow the use of performance enhancing drugs.
- 1 [1]
- 2 [1]
- 3 [1]
- (c) Suggest **one** reason why sports governing bodies might consider a lesser penalty for performers found taking recreational drugs compared to performance enhancing drugs.
- [1]

7 Which one of the following is **not** a reason why sports performers might take performance enhancing drugs?

(Circle your chosen option to indicate your answer)

- (a) Financial benefits from successful sports performance
- (b) To enable them to train harder
- (c) To develop their technical sports skills
- (d) To boost their physical performance

[1]

6

8 Describe the 'whereabouts rule' used in testing for the use of performance enhancing drugs.

.....

.....

..... **[2]**

Learning Outcome 2 – Know about the role of sport in promoting values.

9 Describe the following **four** values that are promoted through the Paralympics.

Friendship

Description

..... **[1]**

Inspiration and equality

Description

..... **[1]**

Courage

Description

..... **[1]**

Determination

Description

..... **[1]**